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## Biblical Mentoring

*Training to Know Christ & the Book of Truth and to Make Them Known*

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### Some Goals of Biblical Mentoring:

- To fear God and make wise decisions based on the principles of truth in the Bible as guided by the Spirit of Truth. Our decisions have consequences (good or bad). Biblical truths help us make good decisions.
- For our sanctification, that is, our spiritual growth and maturity in Biblical character.
- To know Christ and make Him known - to know God, His goodness, love, holiness, sovereignty, justice, faithfulness.
- To trust God as The Promise Keeper and to put His Word in our memory and heart.
- For encouraging and “equipping God’s people for works of service” – Ephesians 4:11-13.
- Ultimately, for the praise of the Glory of God.

### Scriptural basis for Biblical Mentoring: 2 Timothy 3:16

*“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness”.*

**Teaching** – Learning life’s path of right Biblical character.

**Rebuking** – Understanding what is not consistent with the path of right Biblical character.

**Correcting** – How to seek and get back on the path of right Biblical character.

**Training in Righteousness** – How to stay on the path of right Biblical character.

### Word of TRUTH (Scripture):

**T – Truth** of Biblical principles or doctrines about how to live a life of faith in Christ as our Savior and Lord in fear (respect) of the triune God (the Father, the Son and the Holy Spirit) and how to delight in His redemption and love for His people globally

**R – Revealed to**

**U – Us** in the Scriptures by

**T – The**

**H – Holy Spirit of Truth** as He instructs our minds and spirits with the Scriptures of Truth and guides our steps in life until our earthly death and passing into our life eternal.

**Convictions about the Need for Biblical Mentoring:**

Our challenge is to learn to feed our souls spiritually. The Word of and by God is the nourishment needed by our souls as the people of God to develop Godly character. What we feed our spirits daily shapes who and what we are and do (our character). As believers in Christ and His work of Redemption on the cross for our salvation, our attitudes and actions are directly influenced and guided by the Spirit of Truth with the Word of Truth (Scripture). We have to open the doors of our hearts and minds to Christ Jesus and the Spirit and then seek to maintain an unbroken communion (oneness) with God. Our sins can affect our communion with God and others if not confessed. Personal peace is possible only when there is no anxiety about the well-being and future of our souls. For example, Scripture teaches that coveting the material things, talents and privileges of others causes anxiety and unhappiness – lack of contentment. True contentment comes from a relationship with Christ Jesus and having faith in Him. Then you will have everything you need. Christ is sufficient and God's promises are enough for our contentment. Our reputation as Christians is based on who people think we are based on what they see us do whereas our character as Christians is based on who God knows we are when no one else sees what we do.

**Memory Cards used with Biblical Mentoring - Topical Memory System (TMS):**

The Topical Memory System (TMS) was developed by the Navigators. There are 60 verses in 5 sections (A-E) with 12 verses in each section. I have re-designed these cards into a 2.75" x 4.25" format (using verses from the NIV) that helps memory work as the verses are offered in short phrases to enhance quicker memorization. We will offer you a set of these customized cards made possible by the generosity of our donors. Or you can order the TMS cards from Navpress.com. Another option is to download the NavsTMS app for \$4.99 to review the verses on your phone. See our website for more information.

**Theological Themes offered in the Topical Memory System:****A – Live the New Life**

(Christ the Center; Obedience to Christ; The Word; Prayer; Fellowship; Witnessing)

**B – Proclaim Christ**

(All Have Sinned; Sin's Penalty; Christ Paid the Penalty; Salvation is not by Works; Must Receive Christ; Assurance of Salvation)

**C – Rely on God's Resources**

(His Spirit; His Strength; His Faithfulness; His Peace; His Provision; His Help in Temptation)

**D – Be Christ's Disciples**

(Put Christ First; Separate from the World; Be Steadfast; Serve Others; Give Generously; Develop World Vision)

**E – Grow in Christ-likeness**

(Love; Humility; Purity; Honesty; Faith; Good Works;

**Participants:**

- **Mentor / Disciple Maker** – to be faithful to the charge of Christ to “go and make disciples of all nations” (Matthew 28:19-20). We are to be disciples who are trained and engaged in making disciples who become disciple-making disciples.
- **Mentee / Disciple** – learning how to develop spiritually personally while being trained to offer Biblical Mentoring to many others for a lifetime.

**Testimony** (Russell Lindsey): *“Memorizing Scripture and studying the application of Scripture together in this format leads to a sharper focus on the personal growth of my faith journey”.*

### Instructions for Biblical Mentoring:

We teach and model what we know and experience. Mentoring and Disciple-Making is a mixture of coaching, teaching, training and encouraging built on the foundation of consistent prayer. The process starts with an agreement to participate in a 30 minute weekly meeting / session. The meeting can be in person, via a tool like ZOOM, or via phone calls – whatever is best method depending on the circumstances. The time is spent sharing the memory verses with the reading and discussion of the context of the week's verse. The emphasis is on what the Scripture says – not on a person's doctrines, knowledge or skills. The Holy Spirit is the teacher and guide. This time enhances a relationship between two people eager to mutually share their personal relationship with Christ.

### Here are the ten steps to use this Biblical Mentoring plan:

1. The Mentor/Disciple Maker takes the responsibility to set up the calls or meetings with the mentee and then initiate the calls at the agreed upon time. If you are mentoring more than one person, it is best to set up the calls leaving 30 minutes between the calls to regroup and prepare for a new session.
2. Minimize distractions during the call so you can both focus on the memory verse and the Scripture study.
3. Pray at the start of the session for God's Spirit of Truth to open your hearts and minds to be teachable.
4. Quote and review the memory verse from memory. Start with the previous week's memory verse plus the week's verse. The mentor starts first modeling the prescribed method. Quote the theme of the section, the sub-theme, the Scripture reference, the verse and then the reference again. This helps build a system of theology that is helpful to recall and share a verse. Then the mentee/disciple should quote the same verses in the same way. This is important for many reasons.
5. The mentor models a teachable spirit so that the mentee/disciple will gain the confidence to duplicate this process. **The goal of this training is for spiritual development and growth of biblical character until there is eventual duplication of the training process with others.** The goal is for each person to invite someone from their community to train. This development may happen sooner but is advisable to wait until after the completion of the first section (A) of twelve verses. Use your instincts to know when it is best to encourage them to reach out to someone to train.
6. The mentor is to be well prepared by doing the memory work and study each week. Ideally, this can become part of one's daily devotions so that you can be well prepared to highlight the scriptural principles.
7. For adequate contextual reading, the mentor should scan the chapter and determine where the chapter breaks naturally or by the headings. Determine if a section of the previous chapter should be read or reviewed for the broader context. If the disciple is comfortable, ask them to read half of the text. In some unique cases, you can allow the disciple to do all of the reading if they request. Some people understand better when reading Scripture versus listening to someone else read.
8. Be willing to pause when necessary for questions or discussion. Again, the mentor is not a professional teacher but is someone who genuinely desires to learn and grow in biblical character as well. Be willing to share genuine questions and any personal applications with the mentee. However, it is best to share deep concerns or questions with your own mentor.
9. Always leave time for sharing prayers requests. Be personal and vulnerable to encourage the mentee to do the same.
10. Close your 30 minute session with each of you praying for each other's requests. Ask the Spirit of Truth to be the counselor between the weekly sessions. Review the memory verse for the next week and encourage each other to do the daily hard work of memorizing the new verse. Encourage the reading of the contextual passages in preparation for the next session. Challenge the disciple regularly to prayerfully consider who God would have them encourage and equip (train) using this Biblical Mentoring plan and to trust God to lead them to the right person(s).

In Christ,

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Healthy Initiative Ministries

<http://medicalmobilizers.org/biblical-mentoring/>

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